



The Pendle Forest Cycling Club

Introduce

THE ROAD BIKE ONLY TT EVENT

Have you ever wanted to give time trialling a go but don't have the right kit?

This is an event, which takes the aero arms race out of the equation

General Rules:

- No aerobars, clip-on bars or aero extensions.
- Hands must be on the handlebars at all times (no resting forearms on the bars).
- Wheels must have 12 spokes each with a maximum rim depth of 40mm.
- Helmets must have no visor and must not cover the rider's ears.
- No TT helmets.

DATES TO BE CONFIRMED